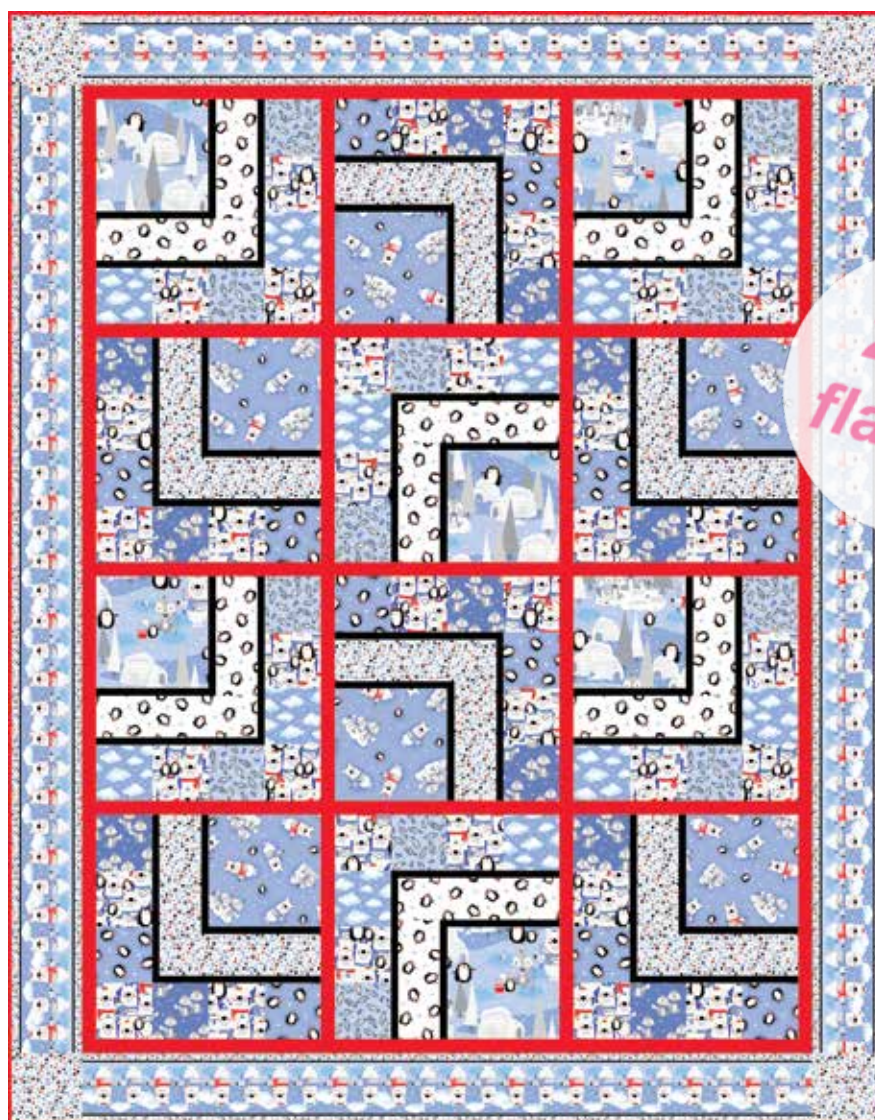


A Free Project Sheet
NOT FOR RESALE

Polar Pals

QUILT 2



Featuring fabrics from the **Polar Pals** collection by **Swizzle Stick Studio** for **STUDIO·e·fabrics**

Fabric Requirements

(A) F4176-71 5/8 yard
(B) 2-ply Flannel – Black** 1/2 yard
(C) F4175-1 1/2 yard
(D) F4180-11 1/3 yard
(E) F4178-71 5/8 yard
(F) F4174-11 1/3 yard
(G) F4173-71 5/8 yard
(H) F4177-1 2/3 yard

(I) F4179-71 1/3 yard
(J) F4175-71 1/3 yard
(K) 2-ply Flannel – Red** 1 1/4 yards*
(L) F4172-71 2 yards
Backing
F4174-11 5 yards
* Includes Binding
** 2-Ply Flannel Basics

Additional Supplies Needed

Batting 70" x 87" (Recommended:
Air Lite® Colour Me 100% Cotton)
Piecing and sewing thread
Quilting and sewing supplies

Quilt designed by Heidi Pridemore
Finished Quilt Size 62" x 79"
Skill Level: Advanced Beginner

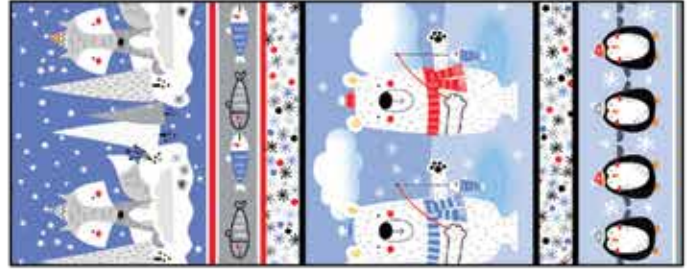
Fabrics in the Collection



25.25" Panel - Blue
F4170P-71



Patch - Blue
F4171-71



Stripe - Blue
F4172-71



All-Over Tossed Animals
White – F4173-1



All-Over Tossed Animals
Blue – F4173-71



Fish Toss - Light Blue
F4174-11



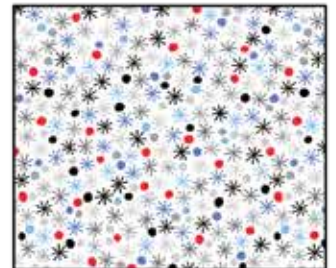
Penguins - White
F4175-1



Penguins - Blue
F4175-71



Scenic - Blue
F4176-71



Snowflakes - White
F4177-1



Stacked Polar Pals - Blue
F4178-71



Foxes - Blue
F4179-71



Clouds - Light Blue
F4180-11

Select Fabrics from 2-Ply Flannel Basics



Black



Red



White

Cutting

Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (F4176-71 Scenic – Blue), cut:

- (2) 8 ½" x WOF strips, sub-cut (6) 8 ½" squares.

Fabric B (2-ply Flannel – Black), cut:

- (4) 1" x WOF strips, sub-cut (12) 1" x 12 ½" strips.
- (4) 1" x WOF strips, sub-cut (12) 1" x 12" strips.
- (3) 1" x WOF strips, sub-cut (12) 1" x 9" strips.
- (3) 1" x WOF strips, sub-cut (12) 1" x 8 ½" strips.

Fabric C (F4175-1 Penguins – White), cut:

- (2) 3 ½" x WOF strips, sub-cut (6) 3 ½" x 12" strips.
- (2) 3 ½" x WOF strips, sub-cut (6) 3 ½" x 9" strips.

Fabric D (F4180-11 Clouds – Light Blue), cut:

- (2) 4 ½" x WOF strips, sub-cut (12) 4 ½" squares.

Fabric E (F4178-71 Stacked Polar Pals – Blue), cut:

- (4) 4 ½" x WOF strips, sub-cut (36) 4 ½" squares.

Fabric F (F4174-11 Fish Toss – Light Blue), cut:

- (2) 4 ½" x WOF strips, sub-cut (12) 4 ½" squares.

Fabric G (F4173-71 All-Over tossed Animals – Blue), cut:

- (2) 8 ½" x WOF strips, sub-cut (6) 8 ½" squares.

Fabric H (F4177-1 Snowflakes – White), cut:

- (1) 5 ½" x WOF strip, sub-cut (4) 5 ½" squares.
- (2) 3 ½" x WOF strips, sub-cut (6) 3 ½" x 12" strips.
- (2) 3 ½" x WOF strips, sub-cut (6) 3 ½" x 9" strips.

Fabric I (F4179-71 Foxes – Blue), cut:

- (2) 4 ½" x WOF strips, sub-cut (12) 4 ½" squares.

Fabric J (F4175-71 Penguins – Blue), cut:

- (2) 4 ½" x WOF strips, sub-cut (12) 4 ½" squares.

Fabric K (2-ply Flannel – Red), cut:

- (4) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 16 ½" strips.
- (4) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (3) 1 ½" x 50 ½" strips.
- (4) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 67 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 52 ½" strips.
- (7) 2 ½" x WOF strips for the binding.

Fabric L (F4172-71 Stripe – Blue), cut:

- (2) 5 ½" x 69 ½" LOF strips.
- (2) 5 ½" x 52 ½" WOF strips from the remaining fabric, piece as needed.

Backing (4174-11 Fish Toss – Light Blue), cut:

- (2) 87" x WOF strips. Sew the strips together and trim to 70" x 87" for the back.

Sewing

Sew using a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Block Assembly

1. Sew (1) $1" \times 8\frac{1}{2}"$ Fabric B strip to the right side of (1) $8\frac{1}{2}"$ Fabric A square. Sew (1) $1" \times 9"$ Fabric B strip to the bottom of the Fabric A square to make (1) Unit 1 block (Fig. 1).
2. Sew (1) $3\frac{1}{2}" \times 9"$ Fabric C strip to the right side of the Unit 1 block. Sew (1) $3\frac{1}{2}" \times 12"$ Fabric C strip to the bottom of the Unit 1 block to make (1) Unit 2 block (Fig. 2).
3. Sew (1) $1" \times 12"$ Fabric B strip to the right side of the Unit 1 block. Sew (1) $1" \times 12\frac{1}{2}"$ Fabric B strip to the bottom of the Unit 1 block to make (1) Unit 3 block (Fig. 3).
4. Sew (1) $4\frac{1}{2}"$ Fabric F square, (1) $4\frac{1}{2}"$ Fabric E square and (1) $4\frac{1}{2}"$ Fabric D square together in that order. Sew the new strip to the right side of the Unit 3 block. Sew (1) $4\frac{1}{2}"$ Fabric D square, (1) $4\frac{1}{2}"$ Fabric E square, (1) $4\frac{1}{2}"$ Fabric F square and (1) $4\frac{1}{2}"$ Fabric E square together in that order. Sew the new strip to the bottom of the Unit 3 block to make (1) Block One square (Fig. 4).
5. Repeat Steps 1-4 to make (4) Block One squares total.

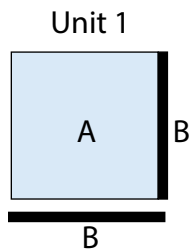


Fig. 1

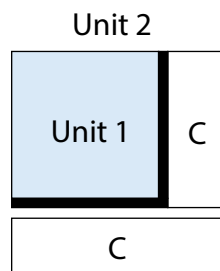


Fig. 2

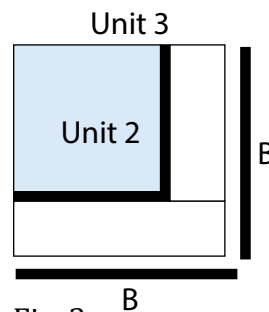


Fig. 3

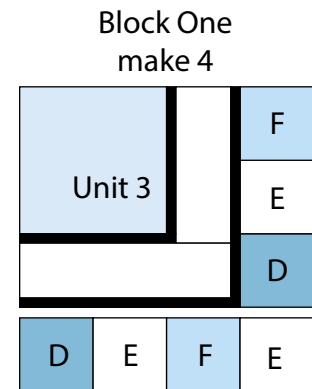


Fig. 4

6. Repeat Steps 1-4 and use Figures 5-16 for fabric identification and location to make (2) Block Two squares, (4) Block Three squares and (2) Block Four squares.

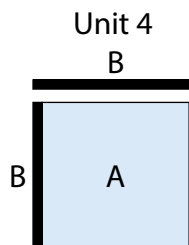


Fig. 5

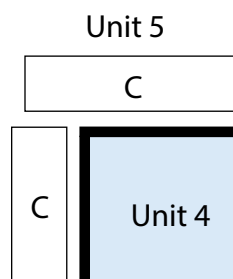


Fig. 6

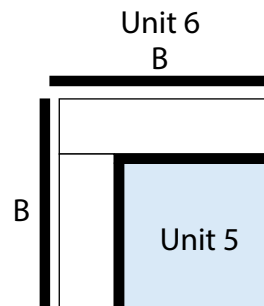


Fig. 7

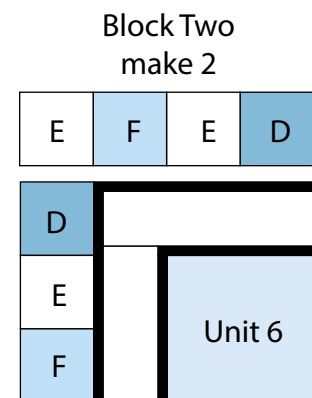


Fig. 8

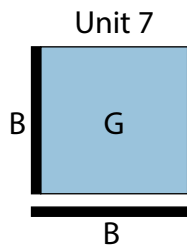


Fig. 9

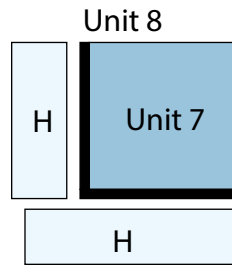


Fig. 10

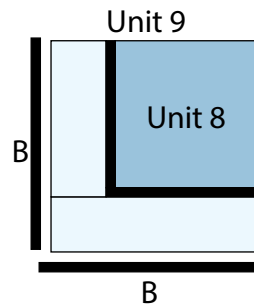


Fig. 11

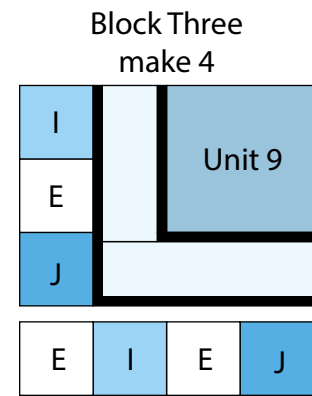


Fig. 12

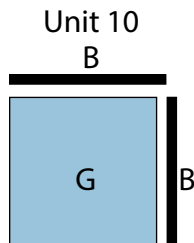


Fig. 13

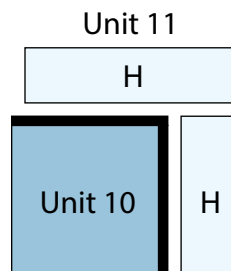


Fig. 14

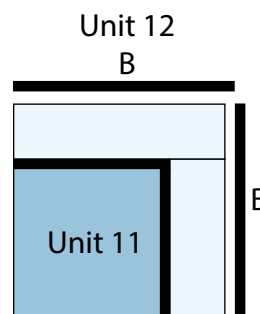


Fig. 15

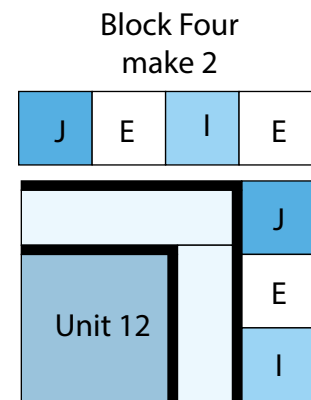


Fig. 16

Quilt Top Assembly

(Follow the Quilt Layout while assembling the quilt top.)

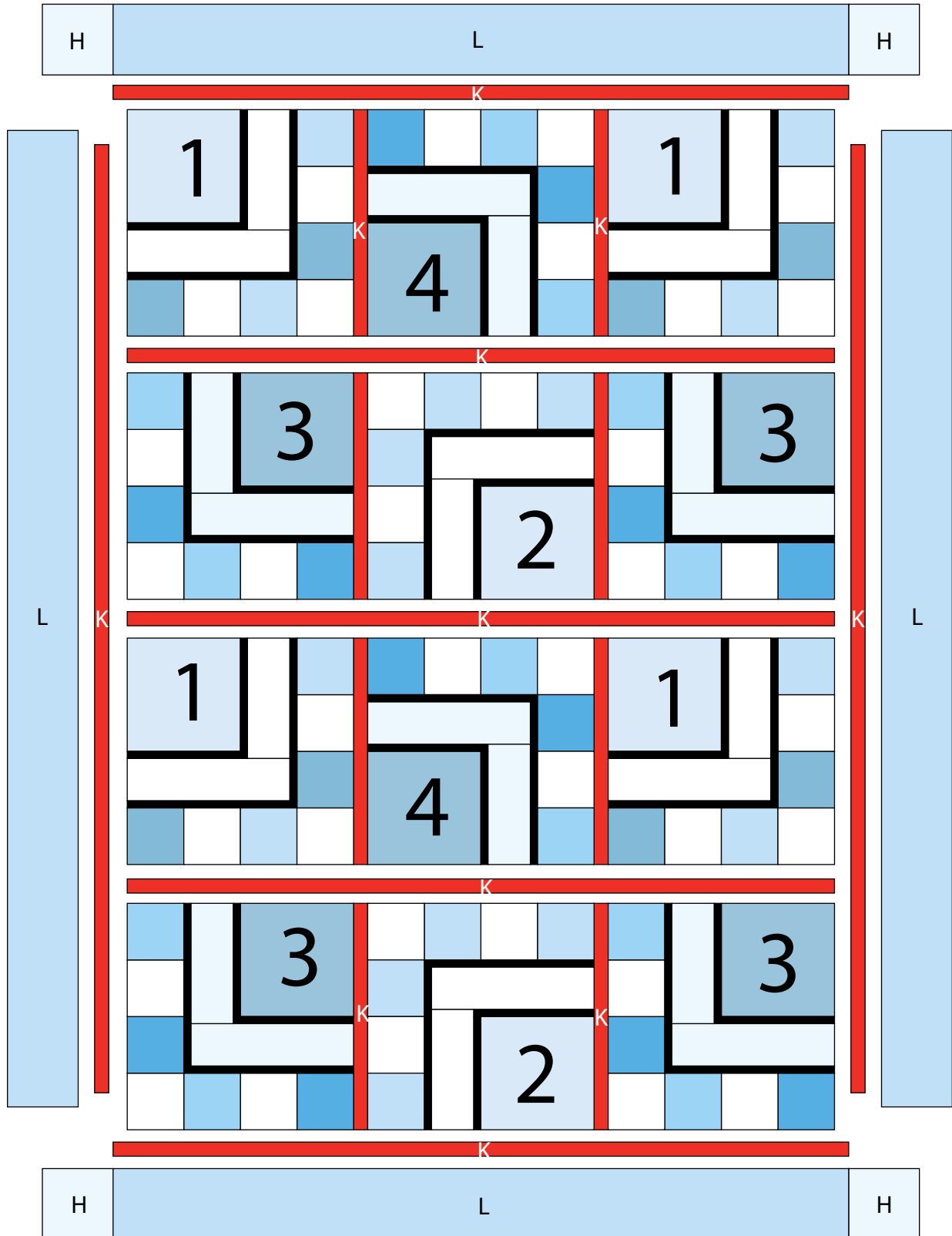
7. Sew (1) Block One square, (1) 1 ½" x 16 ½" Fabric K strip, (1) Block Four square, (1) 1 ½" x 16 ½" Fabric K strip and (1) Block One square together in that order to make Row One. Repeat to make Row Three.
8. Sew (1) Block Three square, (1) 1 ½" x 16 ½" Fabric K strip, (1) Block Two square, (1) 1 ½" x 16 ½" Fabric K strip and (1) Block Three square together in that order to make Row Two. Repeat to make Row Four.
9. Sew the (4) rows, in numerical order, and the (3) 1 ½" x 50 ½" Fabric K strips together, alternating them, to make the Center Block.
10. Sew (1) 1 ½" x 67 ½" Fabric K strip to each side of the Center Block. Sew (1) 1 ½" x 52 ½" Fabric K strip to the top and to the bottom of the Center Block.
11. Sew (1) 5 ½" x 69 ½" Fabric L strip to each side of the Center Block. Sew (1) 5 ½" Fabric H square to each end of (1) 5 ½" x 52 ½" Fabric L strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block to make the quilt top.

Layering, Quilting and Finishing

12. Press the quilt top and 70" x 87" backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Binding

13. Cut the ends of the (7) Fabric K binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.
14. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.



Quilt Layout

Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check www.studioefabrics.com for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.